

Task-Based Activity



Monitoring a Grocery Budget



OALCF Link

Relevant Goal Paths (Spirit-Vision):

✓	EMPLOYMENT
✓	INDEPENDENCE
	POSTSECONDARY
✓	SECONDARY SCHOOL CREDIT
	APPRENTICESHIP

Rationale: Learners on the Employment and Independence Goal Paths will need to prepare a grocery budget for themselves or a client. Learners on the Secondary School Credit Goal Path have the opportunity to earn credits through an out-of-school work experience.



Learning Plan Link (Heart- Feeling):

Many learners on fixed-incomes need to budget carefully. Groceries are one of the largest discretionary expenses. A budget is a plan of how money will be used over a specific period of time. A budget usually includes both the money that comes in and the money that goes out.

Task-Based Activity Description:

In this task-based activity, the learner will work with a fixed budget for food. He/she will locate and review a list of items, then add and compare the sum to the budgeted amount for four weeks.



**Competency, Task Group and Level Indicator: (Mind - Knowledge)
LEVEL:**

Find and Use Information			Communicate Ideas and Information				Understand and Use Numbers				Use Digital Technology	Manage Learning	Engage with Others
Read continuous text	Interpret documents	Extract info from films, broadcasts & presentations	Interact with others	Write continuous text	Complete and create documents	Express oneself creatively	Manage money	Manage time	Use measures	Manage data			
A1	A2	A3	B1	B2	B3	B4	C1	C2	C3	C4	D	E	F
A1.1	A2.1				B3.1a		C1.1						

Materials Required

Question Sheet
Pen or pencil and eraser
Calculator (optional)



Overview of Task (Body-Skills)

Activity Introduction

Discuss with the learner that making a grocery list helps to estimate how much money is needed on a weekly basis. You may do this for yourself or someone you work for. In this task-based activity, a small budget of \$35 for weekly groceries has been established. The learner will review a shopping list, add up the estimated costs of all the items and assess whether the sum is equal to or less than the budgeted amount. There are four weekly lists.

New Words/Phrases

Review the new words that are being introduced. Explain the meanings of the words to the learner. Not all new words are in the new word list. You may need to review additional words as the learner works through the activity.

Instructions

1. Have the learner fill in their name and the date on the learner sheet.
2. Have the learner complete the pre self-assessment.
3. Review the Learner Task Sheet with the learner.
4. When the learner has completed the activity, have him/her complete the post self-assessment.
5. After the learner has completed the task-based activity, complete the assessment section and review the results with the learner.
6. Discuss next steps with the learner.

Extension Action

1. Have learners estimate how much they spend on groceries per week. Bring in local grocery flyers. Make a list of items from the flyer that they need for one week. Have them check to see if they could purchase all the items on their list. What would they change if they are over budget?



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Learner Name: _____ Date: _____

Pre self-assessment

I need to improve my skills at reading texts to locate details.

- Yes
- No

I need to improve my skills at interpreting simple documents to locate details.

- Yes
- No

I need to improve my skills at making entries into simple documents.

- Yes
- No

I need to improve my skills at managing money.

- Yes
- No

New Words

Budget
Estimate
Afford

Assessment

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Learner Name: _____ Date _____

Practitioner Name: _____

Performance Descriptors	Needs Work	Improving	Excellent
A1.1 Follows simple, straightforward instructional texts Identifies the main idea in brief texts			
A2.1 Scans to locate specific details Interprets brief text and common symbols			
B3.1a Makes a direct match between what is requested and what is entered			
C1.1 Adds whole numbers and decimals Identifies and performs required operation Follows apparent steps to reach solutions Interprets and represents costs using monetary symbols and decimals Rounds to the nearest dollar Uses strategies to check accuracy (e.g. estimating, using a calculator)			

The learner needs to work on the following:

This task was successfully completed ___ This task needs to be tried again ___

Practitioner Comments:

Learner Comments:

Learner Tasks: Estimating Budget for Groceries

As a personal support worker, or for your own benefit, making a grocery list helps to estimate how much you need to spend. Your client has budgeted about \$35 for his weekly groceries. Before shopping, you look at store flyers to estimate whether you can buy everything on the list.

1. How much will the groceries cost this week?

Can the client afford everything on his list and stay within the weekly budget?

Yes No

Week 1	
Dish soap	\$3
Bread	\$3
Lunch meat	\$4
Milk	\$3
Ground beef	\$6
Canned tuna	\$5
Eggs	\$4
Tomatoes	\$3
Pasta sauce	\$2
Chicken noodle soup	\$1

2. How much will the groceries cost this week?

Can the client afford everything on his list and stay within the weekly budget?

Yes No

Week 2	
Milk	\$3
Eggs	\$4
Cheese	\$5
Chicken	\$6
Bread	\$3
Carrots	\$2
Onions	\$1
Juice	\$3
Bacon	\$4
Coffee	\$6

3. How much will the groceries cost this week?

Can the client afford everything on his list and stay within the weekly budget?

Yes No

Week 3	
Ground beef	\$6
Pork chops	\$5
Milk	\$3
Bread	\$3
Apples	\$4
Bananas	\$2
Pasta	\$2
Paper towels	\$3
Window cleaner	\$4
Flour	\$3

4. How much will the groceries cost this week?

Can the client afford everything on his list and stay within the weekly budget?

Yes No

Week 4	
Juice	\$3
Chicken	\$6
Pasta sauce	\$2
Eggs	\$4
Bacon	\$4
Tea	\$3
Sandwich buns	\$4
Mushrooms	\$3
Chicken noodle soup	\$1
Sour cream	\$3

Post self-assessment

I think my skills have improved as a result of this activity.

- Yes
- No

I was able to read and understand the instructions.

- Yes
- No

I was able to compare costs accurately.

- Yes
- No

Answer Key

1. \$34.00 - Yes
2. \$37.00 - No
3. \$35.00 - Yes
4. \$33.00 - Yes